

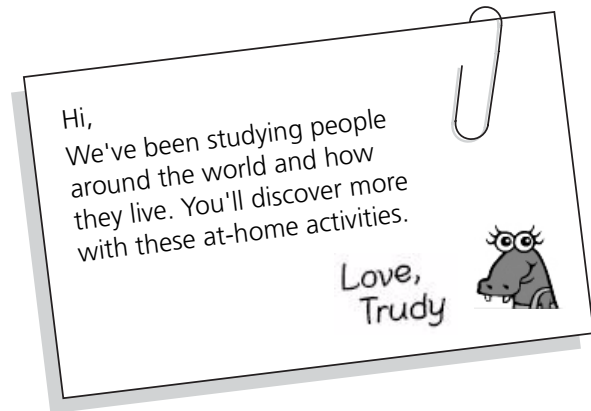


Culture Festival

# Together Time

## Finding Bread

Does your family eat bread? Bread is called by many names: tortilla, fry bread, naan, pita, brioche, focaccia, challah, scones, and many more. Breads differ by type of flour, component materials, texture, size, shape, color, and taste. Take your child to the market and give him or her the opportunity to find as many types of bread products as he or she can. Select an unfamiliar type to take home and use in a meal. Ask why do you think there are so many types of bread? What other kinds of foods are eaten in different cultures? Do you have any friends from other backgrounds that you could share meals with? Look in the market for different items that you can take home and sample. Expand your child's awareness of the wide range of foods, activities, dress, and concerns of the people of the Earth.



## Our Family

Most people who live in this country are from, or have relatives who have come here from, another country. (Even if you are native Americans, your children have ancestors whose culture has aspects that are different, as well as similar, from today.) Talk with your child about where your family originally came from and what their life was like in their native country. What special foods did the family eat? What clothes did they wear? What language did they speak? What work did family members do? When did they come to this country? Look at family pictures of your child's ancestors. What similarities and differences do they notice? What traditions and events does your family celebrate? Discuss how these customs came to be and why they are important to you and your family.