

## **Nature Expeditions**

Plan special times for you and your child to learn more about the plants and animals in your area. Set up bird feeders made of pine cones covered with peanut butter and bird seed. Take a nature walk in the spring, looking for signs of animal and plant growth. Lay down a circle of yarn and together list all of the living things included in the area, for example, grass, ants, worms, weeds, etc. Once leaves have fallen from trees, take a walk and look for birds' nests.



## **Tracking Tracks**

You and your child can have fun with footprints and tracks no matter where you live. Ask all of the family members (pets too) to walk barefoot over a carpet. Then, talk about who left which "tracks." If your carpet doesn't show footprints, you can wet your feet and walk down the sidewalk or driveway, or walk in a sandbox. Or, if you are adventurous, you can put paint on your feet and walk on paper.

Help your child look in the snow or sand for the tracks of animals and people. If possible, have your child sketch the tracks and identify who made them.

